

Here is the quantitative feedback from the first 3 Essential Skills for CBT programs

Essential Skills Ratings March & Nov 2009, Feb 2010

1 strongly disagree to 5 strongly agree	March 2009 1-5 max	November 2009	Feb 2010	Av across 3 programs
The content was interesting	4.77	4.66	4.82	4.75
The content was useful	4.80	4.69	4.76	4.75
The teaching was well structured	4.80	4.66	4.53	4.66
There was a good balance between theory, demonstration of techniques and practice	4.80	4.69	4.81	4.77
The handouts were useful and relevant	4.60	4.62	4.53	4.58
I acquired new knowledge	4.80	4.59	4.76	4.72
I acquired new skills	4.77	4.66	4.76	4.73
I had sufficient opportunity to reflect on my learning	4.40	4.66	4.41	4.49
I had sufficient opportunity for active participation	4.73	4.81	4.65	4.73
The presenter(s) was/were well prepared	4.93	4.81	4.71	4.82
The presenter(s) was/were good teachers	4.93	4.81	4.76	4.83